

PER - Sustainability research center

Via del Pantano, 72
Frazione Frattuccia,
05025, Guardea TR, Italy

scrivi@per.umbria.it

VOLUNTEER POLICY

Volunteers of any age, coming from all over Italy and from abroad, bring/give their contribution to the life of PeR and surroundings, in exchange of hospitality and life experience. The volunteer at PeR is almost a full time position. Volunteers are welcome all throughout the year. They are accommodated in shared rooms, where they might have roommates. We ask them help in activities in the Farm and the Center (cleaning, general maintenance, cooking, farming, didactic work, etc).

WELCOMING PROCEDURE AND BASIC POLICY

The volunteers will provide their personal details and their attitudes and state the period which they intend to stay at PeR. The amount of working hours is variable and communally decided; it wouldn't exceed the usual working day. The volunteers can manage their spare time, at night time or during their break. They will have to inform the members of PeR in case of their leaving the facility for a longer period. If accompanied by a pet, the volunteer will inform the Center and, upon authorization, provide for its food and care.

GENERAL CODE OF CONDUCT

the volunteers will have an ethical conduct, considering their behavior and their aesthetics in a perspective of respect. They will keep the facility neat and decorous. We recommend to use the resources of water and electricity in a correct way.

ACCOMMODATION

usually we provide to volunteers an accommodation in the shared rooms number4 and number5. Besides the Roulotte, upon request or in case of overbooking of the the facility. The rooms include a bathroom, towels and bedsheets, if necessary. The volunteers are responsible for keeping their rooms neat and clean, and with the adequate air circulation. The room should be kept in a condition to allow, at any time, the accommodation of external guests of PeR. According to the booking circumstances, volunteers might be asked to move in an other room.

TRANSPORT

the volunteers need to arrange their own means of transport. Otherwise they will navigate with carsharing or the public transports.

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DIET AND FOOD

PeR provides and guarantee all the food necessary for the nutritional needs to maintain an optimal state of health. The diet is predominantly vegetarian. the volunteers should speak with the kitchen spokesperson, for specific diet needs. We would appreciate not to be asked too much demanding food. Volunteers and working members can access to the kitchen in Room 4. The kitchen supply will be managed by the kitchen spokesperson, who will access to the pantry in the commercial kitchen, and write the shopping list.

TASKS AND CONTACT PEOPLE

the volunteers will communicate with the respective spokesperson for any task, or for any other necessity. In case the spokesperson is absent, they can communicate with any other core member at PeR.

Kitchen spokesperson

They manage the volunteers shifts and tasks in the kitchen (dish washing, help cooking, setting the table, cleaning, etc) and guarantee the appropriate rotation. They manage the food stock in the pantry, they refill it and manage the shopping. The dishes will be done at the end of every meal and the kitchen will be left clean. The garbage will be taken outside every night, to the specific recycling bin, placed outside the facility.

Gardens spokesperson

they will define the jobs to be done in the garden and distribute the people in the field. Volunteers can refer to them for the daily jobs, the tools and the materials.

Maintenance spokesperson

the volunteers will communicate with the ordinary maintenance spokesperson for the appropriate daily functioning of the facility. the maintenance tasks (for instance, managing the heater) will be done on rotation, after a brief training. While performing tasks, we ask to volunteers to wear closed toe shoes, or even safety footwear, if possible. During the Courses and didactic tours, whenever the restaurant is open for guests, we ask to volunteers to help the staff in setting/clearing the table, etc. Volunteers can share the meal with guests, making sure the guests all have taken their meal first.

FACILITY AND TOOLS

Volunteers can access to every public area of the facility, which they should maintain neat and clean (ashtrays, floors, tables, etc.). Wifi internet connection is available, for a limited amount of people, to avoid poor connection. The tools used during any tasks and jobs should be handled with care and replaced in their special area. Volunteers can consult and take books from the library, upon request, which must be put back into place before leaving. The Washing machine is available. It is important to start it only on a full load and after asking instructions to the Maintenance spokesperson. Access to the commercial kitchen is not allowed, except for specific authorization.